

# 2022 Big Loser Champion



Before



After

1<sup>st</sup> Place: Lindsay Carlson -41.3 pounds -18.53%

2<sup>nd</sup> Place: Rich Wicks -32.0 pounds -13.00%

3<sup>rd</sup> Place: Sara Spilde -25.7 pounds -11.90%

As a group, the contestants lost a total of 133.1 pounds