

# CRESCO

PARK & REC.

## 2024 SUMMER PROGRAM

*Youth Activities and Programs for ages 1-6 and grades K-8!*

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BASEBALL	ARTS+	SUMMER KICKOFF CAMP
SOFTBALL	5 <sup>th</sup> & 6 <sup>th</sup> NATURE CAMP	YOUTH FITNESS CAMP
T-BALL	3 <sup>rd</sup> & 4 <sup>th</sup> NATURE CAMP	WACKY SPORTS CAMP
BLASTBALL		SWIM TEAM
GOLF CAMP	WOOD SHOP	DISC GOLF LEAGUE

**Registration DEADLINE for BlastBall:**

**WEDNESDAY, May 1 (No Late Registrations)**

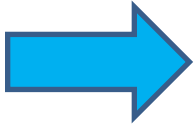
**Registration DEADLINE for ALL OTHER ACTIVITIES:**

**WEDNESDAY, May 22**

**A \$10 late fee will apply per registration May 23.**

**NO EXCEPTIONS!**

Please reference this booklet for specific activity dates and times along with grade and age eligibility. All grades mentioned in this program correlate with the **2024-2025** school year. ***Please register your child(ren) in the grade they will be entering next school year if applicable.***



**EVERYONE MUST FILL OUT THE ONLINE REGISTRATION REGARDLESS OF YOUR PAYMENT METHOD BY ONE OF THE FOLLOWING:**

1. Complete the online registration and pay with debit or credit card.
2. Complete the online registration and pay with cash or check.

Drop off or mail registration with payment at: Cresco Fitness Center 316 3<sup>rd</sup> Ave E, Cresco IA 52136

(If you mail, please include a copy of the emailed registration you receive.)

- Registration assistance is available upon request.

**FORM WILL NOT SAVE.** Once you begin the registration process, you must complete it entirely.

Once you submit your registration and we receive it, an email of confirmation will be sent to the email address you provide.

**FINANCIAL ASSISTANCE:** Funds may be available through the Howard County Community Action Office if you or your family cannot afford to pay the fees for activities listed on the registration form. For more information, please contact the Howard County Community Action Office (563)-547-4413.

Funds may also be available through the **Issac Wiltgen Legacy Foundation**, a financial assistance program ran through the Cresco Park & Recreation Department. For more information on using this program, please contact the Cresco Park and Recreation Office.



If you would like to donate towards the Issac Wiltgen Legacy Foundation or learn more about it, please visit the following link:  
[About Park & Rec - City of Cresco, Iowa.](#)

**TO MAKE CHANGES TO SUBMITTED ONLINE REGISTRATION CALL OR EMAIL:**

Cresco Park & Recreation----- (563) 547-3230 [parks@cityofcresco.com](mailto:parks@cityofcresco.com)

Cresco Fitness Center----- (563) 547-3443 [fitnesscenter@cityofcresco.com](mailto:fitnesscenter@cityofcresco.com)

**MEDICAL RECOMMENDATION:** We strongly recommend your child(ren) be checked by a physician for fitness prior to participation. If there are special considerations please note this on registration.

**CANCELLATIONS, POSTPONEMENTS, & SCHEDULE CHANGES:**

- **In most cases we will NOT make cancellation decisions until 1 hour before the scheduled activity.**
- **Use our website, the Cresco Fitness Center and Cresco Parks and Recreation Facebook pages for all cancellations of activities due to poor weather or otherwise.**
- Summer activities may have to be shortened or cancelled due to high temperatures/stormy weather. Unless otherwise stated, cancelled activities will not be made up.
- There may be times when activities or games are changed, added or cancelled during the course of the year. It is **NOT** our responsibility to inform each child of these changes if he/she did not attend the last scheduled activity. Double check website schedules for any changes.
- We reserve the right to change or alter dates and times of any program without notice. Players may be moved up a grade at the discretion of the Recreation staff to fill out teams.

[www.cityofcresco.com](http://www.cityofcresco.com)

[CFC & Cresco Park and Recreation Facebook Pages](#)

**RECREATION PROGRAM AND REGISTRATION FORM:**

CLICK> [SUMMER RECREATION PAGE](#)

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**SWIM LESSONS, SWIM TEAM, & REGISTRATION FORMS:**

CLICK> [SWIM LESSON & SWIM TEAM PAGE](#)



## Baseball, Softball, T-Ball & BlastBall

Listed below are general descriptions, dates, and **FIRST days of camp/practice** for each program. During the first week a schedule will be posted on the website and emailed. This schedule will show practice and game times for the remainder of the season. With registration, t-shirts will be included for all baseball, softball, and t-ball programs (BlastBall not included)!

### A. PRO BOYS BASEBALL: Fee \$35.00 East Park

Grades 5-6-7 (24-25) Mon. & Wed. May 29 – June 19 | Games at 9:00am & 10:15am

**May 29: Camp 9-10am, May 30: Hit Pitch Run Competition 9-10:15am**

Emphasis on game-like scenarios while building upon fundamentals. Inter-league games will be played with player/coach pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

### B. JUNIOR BOYS BASEBALL: Fee \$35.00 East Park

Grades 3-4 (24-25) Tues. & Thu. May 28 – June 18 | Games at 9:00am & 10:15am

**May 28: Camp: 9-10am, May 30 Hit Pitch Run Competition 10:15-11:30am**

An introduction to the game, with emphasis on basic fundamentals. Inter-league games will be played with machine pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

### C. PRO GIRLS SOFTBALL: Fee \$35.00 Evans Park

Grades 5-6-7 (24-25) Mon. & Wed. May 29 – June 19 | Games at 9:00am & 10:15am

**May 29: Camp 9-10am, May 30: Hit Pitch Run Competition 9-10:15am**

Emphasis on game-like scenarios while building upon fundamentals. Inter-league games will be played with player/coach pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

### D. JUNIOR GIRLS SOFTBALL: Fee \$35.00 Evans Park

Grades 3-4 (24-25) Tues. & Thu. May 28 – June 18 | Games at 9:00am & 10:15am

**May 28: Camp: 9-10am, May 30 Hit Pitch Run Competition 10:15-11:30am**

An introduction to the game, with emphasis on basic fundamentals. Inter-league games will be played with machine pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

### E. T-BALL: Fee \$30.00 Evans Park

Grades 1-2 (24-25) Mon. & Wed June 3 – June 24

Mon. Games: 4:00, 4:45, 5:30; Wed. Games: 12:30, 1:15, 2:00

**June 3: Practice 1<sup>st</sup> Grade – 12:30, 2<sup>nd</sup> Grade – 1:15**

Players will practice throwing, catching, and hitting off a tee. Emphasis on basic fundamentals and understanding of the game. Two inning, inter-league games will be played.

**F. BlastBall: Fee \$20.00 Evans Park**

**Ages 4-5 & Kindergarten (24-25) Must be at least 4 years old by May 1st! Tuesday Evenings May 7 – May 28  
Sessions at 5:00, 5:30, 6:00 (Depending on total number of participants)**

An introduction to T-Ball, players will be taught hitting off a tee, running bases, and fielding the ball. A short practice followed by a one inning game with specific rules and rostered teams will be played. Score and outs are not kept. Ball gloves are not needed but can be brought! Sessions will last approximately 30 minutes.

**\*MINIMUM of 20 PARTICIPANTS NEEDED!**

## Camps & Other Activities

**G. GOLF CAMP: Fee \$15.00 Country Club Driving Range**

**Grades 6-8 (24-25) T-TH June 4, 6, 11, & 13 9-10 am.**

Emphasis on fundamentals of the stance, grip, and swing.  
Proper rules and etiquette will also be taught.

**H. SUMMER KICKOFF CAMP: Fee \$15.00 Evans, Kessel, & East Parks**

**Grades 1-6 (24-25) T-W-TH May 28 – Evans Park, May 29 – Kessel Park, & May 30 – East Park**

**Grades 1-3: 12:30-1:30pm & Grades 4-6: 1:40-2:40pm**

**\*May 31 = rain/make up day**

A three day camp focused on having fun and getting outside! Meet each day at a different park to experience exciting and challenging activities. Examples may include: water day, relay races, an obstacle course, and teambuilding activities. A great way to “kickoff” the summer!

**I. ARTS+: Fee \$45.00 Cresco Fitness Center**

**Grades 1-6 (24-25) M-T-Th-F May 29 – June 25 9:00 – 10:00 a.m.**

**Grades 1-2 Tuesday and Thursday 9:00 - 10:00 a.m.**

**Grades 3-6 Monday and Friday 9:00 - 10:00 a.m.**

More than arts & crafts! This revamped program includes projects, skills, and activities sure to keep those creative minds busy. Featuring a different theme each week, participants will be exposed to a variety of useful and unique sessions that includes take home creations. Also included prior to each session is a healthy snack to help fuel that creativity!

Week 1: Self Portraits

Week 2: Eco Friendly Bird Feeder

Week 3: Laundry Detergent

Week 4: Rock Garden/Mural

Week 5: Living Portrait

**J. TINY TOTS ARTS+: Fee \$30.00 Cresco Fitness Center**  
**Ages 1-6 Wednesdays, May 29 – June 19 9:00 - 9:45 a.m.**

A creative program specifically designed for young and creative minds! This revamped program includes projects, skills, and activities sure to keep those creative minds busy. Featuring a different theme each week, participants will be exposed to a variety of useful and unique sessions that includes take home creations. Also included prior to each session is a healthy snack to help fuel that creativity! Boys & girls ages 1-6 must have a parent or babysitter (14+) with them at each session.

Week 1: Living Portrait

Week 2: Eco Friendly Bird Feeder

Week 3: Snack Attack

Week 4: Rock Garden/Mural

**K. 3<sup>rd</sup> & 4<sup>th</sup> NATURE CAMP (AMAZING ANIMALS): Fee \$30.00 Prairie's Edge Nature Center**  
**Grades 3-4 (24-25) T-W-TH July 9-11 9:30-11:30 am**

**\*July 12 = rain/make up day**

**\*MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in)**

Interested in learning about nature and animals? Register for our Amazing Animals Nature Camp! Each day participants will take a closer look at some of the characteristics of animals that make them AMAZING! This camp is a collaboration between the Howard County Conservation Department and Cresco Park & Rec. Department.

Participants must wear sturdy footwear allowing them to walk, hike, and run all three days. Participants should also apply sunscreen, bug spray, and bring a reusable water bottle full of water. Camp will be held rain or shine.

**L. 5<sup>th</sup> & 6<sup>th</sup> NATURE CAMP (WATER WORLD): Fee \$50.00 Vernon Springs Boat Landing**  
**Grades 5-6 (24-25) T-W-TH July 9-11 12:30-2:30 pm**

**\*July 12 = rain/make up day**

**\*MINIMUM OF 10 PARTICIPANTS NEEDED. MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in)**

**\*Fee includes \$30 kayak rental**

Calling all water enthusiasts! This brand new camp features three action-packed days exploring and navigating Vernon Springs and the Upper Iowa River. Each day will include kayaking, exploring, and learning about our local waterways. We strongly encourage participants to be comfortable in the water and able to swim. Participants should wear swim attire and water shoes each day. It is recommended that each participant also brings a water bottle, towel, and wear bug spray/sunscreen. We will provide kayaks and life jackets. You may bring your own life jacket if you have one!

**M. YOUTH FITNESS CAMP: Fee \$15.00 Cresco Fitness Center & East Park**

**Grades 1-6 (24-25) T-W-TH July 16-18 9:00-10:50 am**

**Grades 1-3: 9-9:50 am & Grades 4-6: 10-10:50 am**

**\*July 19 = rain/make up day**

**July 16 & 17: Cresco Fitness Center**

**July 18: East Park**

Geared for ALL youth, these three days highlight the benefits of physical fitness and being active in an exciting and creative way! Each day, participants will experience different exercises and workouts that are both educational, challenging, and exciting! Awards will be given at the end of the camp! Examples may include: partner exercises, speed and agility drills, and circuit competitions. A great way to make fitness FUN!

**N. WACKY SPORTS CAMP: Fee \$15.00 East, Evans, & Kessel Parks**

**Grades 1-6 (24-25) T-W-TH July 23 - East, July 24 - Evans, July 25 - Kessel**

**Grades 1-3: 9-9:50 am & Grades 4-6: 10-10:50 am**

**\*July 26 = rain/make up day**

Wacky, wacky wacky! These three days are for those odd and different team sports out there! Participants will experience a new team sport and park each day that will emphasize team building and communication. Examples may include: whiffle t-ball, capture the flag, ultimate Frisbee, and others!

**O. WOOD SHOP: Fee \$45.00 Park & Rec. Office (Behind Cresco Fitness Center)**

**Grades 5-8 (24-25) T-W-TH July 16-18 1:00-2:00pm**

**\*MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in)**

Do it yourself by creating and building a wood project in this hands-on program! Participants will choose from a list of projects they would like to build with the assistance of Park & Rec. Staff. Projects will be pre-cut and ready for participants to assemble. Skills and techniques such as assembling, sanding, and finishing will be taught. Only hand tools will be used, no power tools. Participants must wear work attire and closed toe shoes.

**P. DISC GOLF LEAGUE: Fee \$30.00 East Park**

**Grades 5-8 (24-25) Fridays, June 7-July 26 9:00-11:00am**

Highlighting our disc golf course at East Park, this fun league will participate in a variety of disc golf games each week and compete in an end-of-season tournament. These variations include Best Shot, Alternate Shot, 666, Vegas, and more. Experience is not needed, we will teach you! Discs will be provided if you do not have your own.

## **2024 Park & Rec. Sponsors**

*A huge thank you goes out to all of our Park & Rec. Sponsors who chose to support us during our 2024 season!  
Because of them we are able to continually enhance and improve our youth programming!*

***Thank You!***

### **ELITE (\$1000+)**

**Cresco Bank & Trust  
CUSB  
O'Henry's  
Regional Health Services of Howard County**

### **PRO (\$500-\$999)**

**Alum-Line  
Bob's Electric  
CIA  
Fisk Farm & Home  
Oak Creek Dental  
Plantpeddler  
Precision Overhead Door  
3 B Construction**

### **JUNIOR (\$300-\$499)**

**Anthony Henry Sealcoating  
Atomic Pizza  
Bear Creek Archeology  
Darland's Auto & Repair  
Hometown Accounting  
Larson Custom Building  
Mudslingers  
NEIA Motors**

### **BIDDY (\$100-\$299)**

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Dietzenbach Financial  
Don Dietzenbach State Farm  
Homeland Energy Solutions  
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