

Monday		Tuesday		Wednesday		Thursday		Friday	
								1	H2O 8:00 am Kim
4	Boot Camp 5:15 am Boot Camp 6 am H2O 8:00 am Kim	5		6	Boot Camp 5:15 am Boot Camp 6 am H2O 8:00 am Kim Evening H2O 6:00 Feel Good Flow 5:30 pm	7		8	H2O 8:00 am Kim
11	12 Boot Camp 5:15 am Boot Camp 6 am H2O 8:00 am Kim	12		13	Boot Camp 5:15 am Boot Camp 5:15- 6 am H2O 8:00 am Kim Evening H2O 6:00 Feel Good Flow 5:30 pm	14		15	H2O 8:00 am Kim
18	Boot Camp 5:15 am Boot Camp 6 am H2O 8:00 am Kim	19	Secure Balance w/ Erin 10:00	20	Boot Camp 5:15 am Boot Camp 5:15- 6 am H2O 8:00 am Kim Evening H2O 6:00 Feel Good Flow 5:30 pm	21		22	H2O 8:00 am Kim
25	Boot Camp 5:15 am Boot Camp 6 am H2O 8:00 am Kim	26		27	Boot Camp 5:15 am Boot Camp 6 am H2O 8:00 am Kim Evening H2O 6:00	28	HAPPY THANKSGIVING! CLOSED	29	CLOSED

