

Class Schedule **January** 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	CLOSED	2	Boot Camp 5:15 am Boot Camp 6 am Forever Fit 11-11:30	3	H2O 8:00 am Kim
6	H2O 8:00 am Kim	7	Boot Camp 5:15 am Boot Camp 6 am	8	Water walking 8:00-9:00am Evening H2O 6:00 Becca	9	Boot Camp 5:15 am Boot Camp 6 am Forever Fit 11-11:30	10	H2O 8:00 am Kim
13	H2O 8:00 am Kim	14	Boot Camp 5:15 am Boot Camp 6 am	15	Water walking 8:00-9:00am Evening H2O 6:00 Becca	16	Boot Camp 5:15 am Boot Camp 6 am Forever Fit 11-11:30	17	H2O 8:00 am Kim
20	H2O 8:00 am Kim	21	Boot Camp 5:15 am Boot Camp 6 am	22	Water walking 8:00-9:00am Evening H2O 6:00 Becca	23	Boot Camp 5:15 am Boot Camp 6 am Forever Fit 11-11:30	24	H2O 8:00 am Kim
27	H2O 8:00 am Kim	28	Boot Camp 5:15 am Boot Camp 6 am	29	Water walking 8:00-9:00am Evening H2O 6:00 Becca	30	Boot Camp 5:15 am Boot Camp 6 am Forever Fit 11-11:30	31	H2O 8:00 am Kim

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