

PARK & REC.

2025 SUMMER PROGRAM

Youth Activities and Programs for ages 1-6 and grades K-8!

BASEBALL

SOFTBALL

5th & 6th NATURE

CAMP

T-BALL

3rd & 4th NATURE

CAMP

C.P.R. OLYMPIC GAMES

CAMP

GOLF CAMP SWIM TEAM

WOOD SHOP

DISC GOLF LEAGUE

Registration DEADLINE for BlastBall:

WEDNESDAY, April 23 (No Late Registrations)

Registration DEADLINE for ALL OTHER ACTIVITIES:

MONDAY, May 19

A \$10 late fee will apply per registration May 20.

NO EXCEPTIONS!

Please reference this booklet for specific activity dates and times along with grade and age eligibility. All grades mentioned in this program correlate with the 2025-2026 school year. Please register your child(ren) in the grade they will be entering next school year if applicable.



EVERYONE MUST FILL OUT THE ONLINE REGISTRATION REGARDLESS OF YOUR PAYMENT METHOD BY ONE OF THE FOLLOWING:

- 1. Complete the online registration and pay with debit or credit card.
- 2. Complete the online registration and pay with cash or check.

 Drop off or mail registration with payment at: Cresco Fitness Center 316 3rd Ave E, Cresco IA 52136

 (If you mail, please include a copy of the emailed registration you receive.)
 - Registration assistance is available upon request.

FORM WILL NOT SAVE. Once you begin the registration process, you must complete it entirely.

Once you submit your registration and we receive it, an email of confirmation will be sent to the email address you provide.

FINANCIAL ASSISTANCE: Funds may be available through the Howard County Community Action Office if you or your family cannot afford to pay the fees for activities listed on the registration form. For more information, please contact the Howard County Community Action Office (563)-547-4413.

Funds may also be available through the <u>Issac Wiltgen Legacy Foundation</u>, a financial assistance program ran through the Cresco Park & Recreation Department. For more information on using this program, please contact the Cresco Park and Recreation Office.



If you would like to donate towards the Issac Wiltgen Legacy Foundation or learn more about it, please visit the following link: About Park & Rec - City of Cresco, Iowa.

TO MAKE CHANGES TO SUBMITTED ONLINE REGISTRATION CALL OR EMAIL:

Cresco Park & Recreation----- (563) 547-3230 <u>parks@cityofcresco.com</u>
Cresco Fitness Center----- (563) 547-3443 <u>fitnesscenter@cityofcresco.com</u>

MEDICAL RECOMMENDATION: We strongly recommend your child(ren) be checked by a physician for fitness prior to participation. If there are special considerations please note this on registration.

CANCELLATIONS, POSTPONEMENTS, & SCHEDULE CHANGES:

- In most cases we will NOT make cancellation decisions until 1 hour before the scheduled activity.
- Use our website or the Cresco Fitness Center and Cresco Parks and Recreation Facebook pages for all cancellations of activities due to poor weather or otherwise.
- We will NOT be sending out emails for program changes (weather-related or otherwise).
 However, we will be utilizing the TextMyGov messaging service for all program related announcements including cancellations.

WE STRONGLY ENCOURAGE YOU TO SIGN UP! To sign up for the FREE TextMyGov messaging service: Text "CRESCO PR" to 91896. Then reply "YES".

- Summer activities may have to be shortened or cancelled due to high temperatures/stormy weather. Unless otherwise stated, cancelled activities will not be made up.
- There may be times when activities or games are changed, added or cancelled during the course of the
 year. It is NOT our responsibility to inform each child of these changes if he/she did not attend the last
 scheduled activity. Double check website schedules for any changes.
- We reserve the right to change or alter dates and times of any program without notice. Players may be moved up a grade at the discretion of the Recreation staff to fill out teams.



Contact Information:

Cresco Park & Rec: parks@cityofcresco.com or 563-547-3230

Cresco Fitness Center: fitnesscenter@cityofcresco.com or 563-547-3443

Summer Recreation Program and Registration Link:

→ SUMMER RECREATION PAGE

City of Cresco Website:

→ www.cityofcresco.com

Facebook Pages:

→ Cresco Fitness Center OR Cresco Parks and Recreation

Summer Swimming Lessons and Swim Team Information:

Swim Lessons, Swim Team, and Registration Forms:

→ SWIM LESSON & SWIM TEAM PAGE





Baseball, Softball, T-Ball & BlastBall

Listed below are general descriptions, dates, and <u>FIRST days of camp/practice</u> for each program. During the first week a schedule will be posted on the website and emailed. This schedule will show practice and game times for the remainder of the season. With registration, t-shirts will be included for all baseball, softball, and t-ball programs (BlastBall not included)!

A. PRO BOYS BASEBALL: Fee \$35.00 East Park

Grades 5-6-7 (25-26) Mon. & Wed. May 28 – June 18 | Games at 9:00am & 10:15am

May 28: Camp 9-10am, May 29: Hit Pitch Run Competition 9-10:15am

Emphasis on game-like scenarios while building upon fundamentals. Inter-league games will be played with player/coach pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

B. JUNIOR BOYS BASEBALL: Fee \$35.00 East Park

Grades 3-4 (25-26) Tues. & Thu. May 27 – June 19 | Games at 9:00am & 10:15am

May 27: Camp: 9-10am, May 29 Hit Pitch Run Competition 10:15-11:30am

An introduction to the game, with emphasis on basic fundamentals. Inter-league games will be played with machine pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

C. PRO GIRLS SOFTBALL: Fee \$35.00 Evans Park

Grades 5-6-7 (25-26) Mon. & Wed. May 28 – June 18 | Games at 9:00am & 10:15am

May 28: Camp 9-10am, May 29: Hit Pitch Run Competition 9-10:15am

Emphasis on game-like scenarios while building upon fundamentals. Inter-league games will be played with player/coach pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

D. JUNIOR GIRLS SOFTBALL: Fee \$35.00 Evans Park

Grades 3-4 (25-26) Tues. & Thu. May 27 - June 19 | Games at 9:00am & 10:15am

May 27: Camp: 9-10am, May 29 Hit Pitch Run Competition 10:15-11:30am

An introduction to the game, with emphasis on basic fundamentals. Inter-league games will be played with machine pitching. Program includes a one day camp, Hit Pitch Run Competition, regular season games, and playoffs/championship games.

E. T-BALL: Fee \$30.00 Evans Park

Grades 1-2 (25-26) Mon. & Wed June 2 – June 23

Mon. Games: 4:00, 4:45, 5:30; Wed. Games: 12:30, 1:15, 2:00

June 2: Practice 1st Grade – 12:30, 2nd Grade – 1:15

Players will practice throwing, catching, and hitting off a tee. Emphasis on basic fundamentals and understanding of the game. Two inning, inter-league games will be played. Program includes regular season and post season games, including playoff/championship games.



F. BlastBall: Fee \$20.00 Evans Park

Ages 4-5 & Kindergarten (25-26) *Must be at least 4 years old by April 23rd!* Monday Evenings April 28 – May 19.

Sessions at 5:00, 5:30, 6:00 (Depending on total number of participants)

An introduction to T-Ball, players will be taught hitting off a tee, running bases, and fielding the ball. A short practice followed by a one inning game with specific rules and rostered teams will be played. Score and outs are not kept. Ball gloves are not needed but can be brought! Sessions will last approximately 30 minutes.

*MINIMUM of 20 PARTICIPANTS NEEDED!

Camps & Other Activities

G. GOLF CAMP: Fee \$15.00 Country Club Driving Range Grades 6-8 (25-26) T-TH June 3, 5, 10, & 12 9-10 am.

Emphasis on fundamentals of the stance, grip, and swing. Proper rules and etiquette will also be taught. Participants are welcome to bring own clubs.

H. SUMMER KICKOFF CAMP: Fee \$15.00 Evans, Kessel, & East Parks
Grades 1-6 (25-26) T-W-TH May 27 – Evans Park, May 28 – Kessel Park, & May 29 – East Park

Grades 1-3: 12:30-1:30pm & Grades 4-6: 1:40-2:40pm *May 30 = rain/make up day

A three day camp focused on having fun and getting outside! Meet each day at a different park to experience exciting and challenging activities. Examples may include: STEM challenge, relay races, unique games, and teambuilding activities. A great way to "kickoff" the summer!

I. ARTS+: Fee \$45.00 Cresco Fitness Center
 Grades 1-6 (25-26) M-T-Th-F June 2 – June 25 9:00 – 10:00 a.m.

Grades 1-2 Tuesday and Thursday 9:00 - 10:00 a.m. Grades 3-6 Monday and Friday 9:00 - 10:00 a.m.

More than arts & crafts! This revamped program includes projects, skills, and activities sure to keep those creative minds busy. Featuring a different theme/project each session, participates will be exposed to a variety of useful and unique sessions that includes take home creations. A great program to start those summer mornings!



J. TINY TOTS ARTS+: Fee \$30.00 Cresco Fitness Center Ages 1-6 Wednesdays, June 4, 11, 18, 25 9:00 - 9:45 a.m.

A creative program specifically designed for young and creative minds! This revamped program includes projects, skills, and activities specifically catered to young children. Featuring a different theme/project each session, participates will be exposed to a variety of useful and unique sessions that includes take home creations.

Boys & Girls ages 1-6 must have a parent or babysitter (14+) with them at each session.

K. 3rd & 4th NATURE CAMP (MOTHER NATURE'S MAGIC): Fee \$30.00 Prairie's Edge Nature Center Grades 3-4 (25-26) T-W-TH July 8-10 9:30-11:30 am

- *July 11 = rain/make up day
- *MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in)

Calling all nature lovers! This camp is a collaboration between the Howard County Conservation Department and Cresco Park and Rec. Each day we will look a little closer at some of the "magic" Mother Nature works. We will investigate the "mastery" nature uses to make soil, the "ritual" plants perform to make the "potion" they rely on for food, and the "wizardry" they harness to ensure there will be future plants.

Participants <u>must wear pants</u> on July 8th and need to wear sturdy footwear allowing them to walk, hike, and run for all 3 days. Participants should also apply sunscreen, bug spray, and bring a full water bottle each day. Camp will be held rain or shine. In case of inclement weather, we will use Friday, July 11th as a make-up day!

- L. 5th & 6th NATURE CAMP (WATER WORLD): Fee \$60.00 Vernon Springs Boat Landing Grades 5-6 (25-26) T-W-TH July 8-10 12:30-2:30 pm
 - *July 11 = rain/make up day
 - *MINIMUM OF 10 PARTICIPANTS NEEDED. MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in)
 - *Fee includes \$30 kayak rental

Calling all water enthusiasts! This camp features three action-packed days exploring and navigating Vernon Springs and the Upper Iowa River. Each day will include kayaking, exploring, and learning about our local waterways. We strongly encourage participants to be comfortable in the water and able to swim. Participants should wear swim attire and water shoes each day. It is recommended that each participant also brings a water bottle, towel, and wear bug spray/sunscreen. We will provide kayaks and life jackets. You may bring your own life jacket if you have one!



M. YOUTH FITNESS CAMP: Fee \$15.00 Cresco Fitness Center & Friday Location TBD

Grades 1-6 (25-26) T-W-TH July 15-17 9:00-10:50 am

Grades 1-3: 9-9:50 am & Grades 4-6: 10-10:50 am

*July 18 = rain/make up day

July 15 & 16: Cresco Fitness Center

July 17: Location TBD

Geared for ALL youth, these three days highlight the benefits of physical fitness and being active in an exciting and creative way! Each day, participants will experience different exercises and workouts that are both educational, challenging, and exciting! Awards will be given at the end of the camp! Examples may include: partner exercises, speed and agility drills, and circuit competitions. A great way to make fitness FUN!

N. CRESCO PARK & REC. OLYMPIC GAMES: Fee \$25.00 East, Evans, & Kessel Parks

Grades 1-6 (25-26) T-W-TH July 22 - East, July 23 - Evans, July 24 - Kessel

Grades 1-3: 9-9:50 am & Grades 4-6: 10-10:50 am

*July 25 = rain/make up day

Bring your "A" game in this competitive, yet fun series of competitions! Each day participants will compete in different scoreable events for a chance to stand on the podium! Awards/scores will be given each day and kept throughout the competition. Events may include: sprinting, throwing, jumping, trivia, problem solving, etc.. Join us for the Summer Cresco Park & Rec. Olympic Games!

O. WOOD SHOP: Fee \$50.00 Park & Rec. Office (Behind Cresco Fitness Center)

Grades 5-8 (25-26) T-W-TH July 15-17 1:00-2:00pm

*MAXIMUM OF 20 PARTICIPANTS (First to sign up, first in)

Do it yourself by creating and building a wood project in this hands-on program! Participants will choose from a list of projects they would like to build with the assistance of Park & Rec. Staff. Projects will be pre-cut and ready for participants to assemble. Skills and techniques such as assembling, sanding, and finishing will be taught. Only hand tools will be used, no power tools. Participants must wear work attire and closed toe shoes.

P. DISC GOLF LEAGUE: Fee \$30.00 East Park

Grades 5-8 (25-26) Fridays, June 6-June 20, July 11- July 25 9:00-11:00am

Highlighting our disc golf course at East Park, this fun league will participate in a variety of disc golf games each week and compete in an end-of-season tournament. These variations include Best Shot, Alternate Shot, 666, Vegas, and more. Experience is not needed, we will teach you! Discs will be provided if you do not have your own.



2025 Park & Rec. Sponsors

A huge thank you goes out to all of our Park & Rec. Sponsors who chose to support us during our 2025 season!

Because of them we are able to continually enhance and improve our youth programming!

Thank You!

ELITE (\$1000+)

CUSB Gordon Koehler O'Henry's

PRO (\$500-\$999)

Alum-Line
Bob's Electric
CIA Insurance
Fisk Farm & Home
Larson Custom Building
Oak Creek Dental
Precision Overhead Door

JUNIOR (\$300-\$499)

A&W

Bear Creek Archeology
Culligan Water Conditioning
Dietzenbach Financial – Matt
In Memory of Shay Peckham
Northeast Iowa Motors
Outdoors & More
Polashek's Locker Service

BIDDY (\$100-\$299)

Can House
Cray Insurance
Cresco Times Plain Dealer
Geothermal Eco Options
H & R Block
Hindt-Hudek Funeral Homes
Hometown Accounting
Loraine Hubka
Melissa Foley
Sandra Reinhart
Signs & Designs
Upper Iowa Ag